

Introduction to Contact

KIDS FIRST CONTACT RUGBY

Venue	Date	Book
Sandbach RFC	25th May	https://bit.ly/3tYpYYA
Birkenhead School	28th June	https://bit.ly/35ZglkM

Courses are **FREE** and run from 0900-1600.

This course is aimed at staff new to contact rugby.

It will help participants to safely coach and referee the contact areas of the game and how to introduce XRugby – our reduced contact format.

It is recommended that everyone coaching or refereeing contact rugby has completed this course.



**KIDS
FIRST**