



# BECOME A GAME CHANGER COACH

## Upcoming Kids First CPD Courses: Cheshire

CPD	Date / Time	Booking Link
Kids First Tag U7 @ Carrington, Sale Sharks training ground	3 <sup>rd</sup> Oct: 6.30-9.00pm	<a href="https://goo.gl/DDBD3P">https://goo.gl/DDBD3P</a>
Kids First Tag U8 @ Carrington, Sale Sharks training ground	10 <sup>th</sup> Oct: 6.30-9.00pm	<a href="https://goo.gl/iHVk3c">https://goo.gl/iHVk3c</a>
Kids First U9 @ Carrington, Sale Sharks training ground	17 <sup>th</sup> Oct: 6.30-9.00pm	<a href="https://goo.gl/RwW9oc">https://goo.gl/RwW9oc</a>
Kids First U9 @ Caldy RUFC	10 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>
Kids First U10 @ Winnington Park RUFC	3 <sup>rd</sup> Oct: 6.30-9.00pm	<a href="https://goo.gl/KCrZc3">https://goo.gl/KCrZc3</a>
Kids First U10 @ Caldy RUFC	10 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>
Kids First U11 @ Winnington Park RUFC	3 <sup>rd</sup> Oct: 6.30-9.00pm	<a href="https://goo.gl/QYsVNX">https://goo.gl/QYsVNX</a>
Kids First U11 @ Wirral RUFC	17 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>
Kids First U12 @ Crewe and Nantwich RUFC	8 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>
Kids First U12 @ Wirral RUFC	17 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>
Kids First U13 @ Stockport RUFC	17 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>
Kids First U13 @ Chester RUFC	24 <sup>th</sup> Oct: 6.30-9.00pm	<a href="#">Click here to book on</a>

The Old Mutual Wealth Kids First Age Grade Workshops for U7 – U13s have been created to support coaches in helping players make the transition through the age grades by adopting the Kids First philosophy of:

- Putting children at the heart of everything they do and all decisions they make
- Encouraging fun on the pitch, through equal opportunity and realistic expectations of children
- Developing children's confidence and character as players and as people, challenging any behaviour that conflicts with this
- Building adults' skills to provide a safe, healthy, respectful and enjoyable environment for children
- Championing rugby's core values, inspiring a lifelong bond between children, adults and rugby

The workshops will combine the Kids First philosophy with developing skills at each grade and following the incremental progressions through the age grades. Each workshop will look at player welfare, movement skills, coaching through adaptive games, game management / refereeing and modelling how the game looks for that specific age grade.

**Join our qualified referees & coaches**  
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